PSYC 301 Psychology of Human Relationships and Adjustment

PSYC 301 PSYCHOLOGY OF HUMAN RELATIONSHIPS AND ADJUSTMENT
A survey of current theoretical and applied psychological knowledge relevant to personal and social interactions and normal psychological adjustment. Examination of different psychological perspectives and theoretical foundations and how these are applied across a person's life taking into account the influence of culture, gender, ethnicity, historical, cohort, and social-economic status. Letter Grade Only. Degree Credit.

Units: 3
Hours/semester: 48-54 Lecture; 96-108 Homework
Prerequisites: PSYC 100
Recommended: Eligibility for ENGL 838 or ENGL 848 or ESL 400.
AA/AS Degree Requirements: Area E5b
Transfer Credit: CSU (CSU GE Area D or E1), UC (IGETC Area 4)